## **Exploration and Adoption**

An assessment of the match between local school district/community need and the MTSS-B framework's values, core features, and strategies, including an evaluation of current systems, practices, and resources to ensure MTSS-B fit and feasibility within the unique school district/community context.

Focus	Task	Action	Tools
	(1) Establish an Exploration team	(1a) Identify and convene key executive-level team members from education and mental health/other child-serving agencies, ensuring adequate decision- making authority.	District Exploration Team Guidance
<u> </u>		(1b) Establish team operating procedures including meeting frequency, roles, agenda-setting and other decision-making processes.	
ЛЛ			MTSS-B Overview
Mobilize			MTSS-B Communications Toolkit
People		(2a) Increase fluency with the MTSS-B framework,	MTSS-B Supporting Literature
	(2) Establish shared understanding of	including implementation science principles, capacities, resources, and strategies needed for successful implementation of both the overall MTSS-B framework and individual evidence- based practices.	MTSS-B Implementation Tasks
	MTSS-B		Defining MTSS-B Roles and Responsibilities
			Role of the Community Mental Health Agency in MTSS-B
			Interconnecting School Mental Health and School-Wide PBIS
Use Data	(3) Review risk/protective factor data to identify needs	(3a) Review existing risk and protective factor data at community and district levels to help determine need for MTSS-B.	Community and District Data Profiles
	(4) Assess current partnerships & service contracts	(4a) Inventory current service contracts/arrangements with community agencies that support student social-emotional and mental health, including allocation of financial and human resources and evidence of positive impact on youth.	Community Resource Mapping Guidance
		(4b) Determine strengths, redundancies, and gaps in services and explore how community partnerships could inform MTSS-B planning.	Community Resource Map

Exploration and Adoption				
Focus	Task	Action	Tools	
Use Data	(5) Assess related initiatives	(5a) Develop inventory of current initiatives related to youth social, emotional, and behavioral health in school and community, including areas of general education, special education, mental health, and justice.	Initiative Alignment Inventory MTSS-B and the Pyramid Model	
		(5b) Assess degree to which the fidelity and outcomes of current initiatives are being measured, including inventory of current data systems in use and evidence of positive impacts on youth.		
		(5c) Determine areas of redundancy and need to focus on a small number of integrated initiatives that prioritize direct impact on identified needs.		
Make a Plan	(6) Determine benefit and decide whether to adopt	(6a) Decide whether to adopt based on the compatibility of MTSS-B values/core features/strategies with district needs, mission/vision, and strategic/improvement plans and goals, and assess adequacy of available resources.	MTSS-B Adoption Discussion Guide	
		(6b) If there is a decision to adopt, obtain official approval, if applicable, from administrators, school board, or others as needed.	Adopting MTSS-B Rating Tool	
		(6c) If there is a decision to adopt, secure buy-in from broader stakeholder groups to expand the Exploration team and begin development of the District Community Leadership Team.	Sample Letter of Commitment to MTSS-B	



## **District-Community Level Implementation**

An assessment of the match between local school district/community need and the MTSS-B framework's values, core features, and strategies, including an evaluation of current systems, practices, and resources to ensure MTSS-B fit and feasibility within the unique school district/community context.

Focus	Task	Action	Tools
	(1) Establish a District-	(1a) Assess current teams to determine optimal team structure moving forward.	DCLT Guidance
		(1b) Determine team membership through a review of current partnerships and service agreements with community partners; ensure executive level leadership from each relevant organization; secure letters of commitment.	Community Resource Mapping Guidance
			Community Resource Map
	Community Leadership Team		DCLT Sample Letter of Commitment
			DCLT Membership Register
		(1c) Establish team operating procedures including monthly meeting frequency, team roles, agenda- forming and decision-making processes, etc.	DCLT Guidance
		(2a) Dovelop fluonov with MTSS B care features and	MTSS-B Overview
		(2a) Develop fluency with MTSS-B core features and implementation drivers/science.	MTSS-B Supporting Literature
0			MTSS-B Implementation Tasks
ŔŔ	(2) Establish shared understanding and knowledge of MTSS-B	(2b) Develop knowledge and understanding of specific MTSS-B routines/procedures including: universal screening, request for assistance, purpose/design of teams, facilitated referral pathways, selection of evidence-based practices (EBPs), monitoring fidelity of implementation and outcomes, and consent protocols.	Defining MTSS-B Roles and Responsibilities
Mobilize People			Role of the Community Mental Health Agency in MTSS-B
rcopic			Interconnecting School Mental Health and School-Wide PBIS
			Establishing MTSS-B Routines Overview
			MTSS-B Data Sharing and Consent Considerations
	(3) Establish a common mission	(3a) Review existing mission statements, comparing them to the values, core features, and strategies of MTSS-B; prioritize areas of need/emphasis; adopt an existing or develop a new mission statement.	Developing a Common MTSS-B Mission
	(4) Formalize district- community partnerships to support implementation	(4a) Compile learning to finalize memoranda of understanding (MOUs) to support ongoing DCLT work; review any current MOUs between partners and make revisions as necessary.	Community Resource Map
		(4b) Establish a detailed MOU with one or more partnering community mental health agencies; establish and/or review and revise current service contracts with community partners.	MTSS-B Community Mental Health Agency MOU Guidance

District-Community Level Implementation				
Focus	Task	Action	Tools	
	(5) Review risk/protective factor data to identify needs	(5a) Review existing risk and protective factor data at school and community levels, including youth and family voice, and determine areas of need/focus.	Community, District, and School Data Profiles	
	(6) Assess current status of existing	(6a) Identify, review, and align current social-emotional and behavioral/mental health initiatives/programs, including health education and prevention programming (e.g., bullying prevention) based on overlap, relevance, fidelity, and effectiveness/outcomes; determine an annual schedule for oversight and review; assess current teaming structures and referral processes.	Initiative Alignment Inventory	
Use Data	MTSS-B/mental health systems		MTSS-B and the Pyramid Model	
	(7) Conduct MTSS-B fidelity assessment	(7a) Conduct district-level baseline MTSS-B fidelity assessment to determine degree to which MTSS-B structures and practices are already in place.	NH-MTSS-B Fidelity Inventory (NH-MFI): District and Behavioral Health Integration Modules	
	(8) Develop action plan to support demonstration schools	(8a) Develop a strategic district-level MTSS-B action plan using community risk/protective factor data and district fidelity data.	District MTSS-B Action Planning Tool (D-MAPT)	
		(8b) Select demonstration schools for initial implementation using a combination of need, readiness, and commitment criteria.	Selecting Demonstration Schools	
Make a Plan			School Readiness Tool	
		(8c) Develop a professional development plan for training and coaching to support MTSS-B implementation, differentiated across schools and based on data/need and implementation phase. Identify ongoing coaching activities at the district and school levels.	Professional Development and Coaching Guidance	
Implement Strategies	(9) Establish MTSS-B routines and procedures	(9a) Develop knowledge and understanding of school- level MTSS-B routines/procedures.	Establishing MTSS-B Routines Overview	
		(9b) Establish guidelines for schoolwide positive behavior expectations and acknowledgement systems to serve as a consistent foundation for MTSS-B in schools.	Developing a Schoolwide Behavior Expectation & Acknowledgment System	
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District-Community Level Implementation				
Focus	Task	Action	Tools	
		(9c) Establish guidelines for schoolwide behavior response plans that are aligned with behavior expectations and focus on restorative disciplinary policies and processes.	Designing a Schoolwide Behavior Response Plan	
			Restorative Approaches to Addressing Student Behaviors	
			Sample Behavior Response Flowchart	
		(9d) Select a universal social-emotional learning (SEL) curriculum that aligns with schoolwide positive behavior expectations to aid both students and teachers in learning and applying SEL skills.	Selecting an SEL Curriculum	
А		(9e) Select a universal social-emotional screener based on scholarly evidence, cost/resources, fit with other initiatives, and readiness/capacity to implement. Establish	Best Practices in Universal Screening for SEB Outcomes: An Implementation Guide	
	(9) Establish	routines and procedures for administering the screener and collecting, managing, analyzing & sharing data.	Universal Screening Overview	
Implement	MTSS-B routines and procedures	Ensure a response plan including adequate personnel and continuum of interventions in place to address needs.	Universal Screeners Review	
Strategies		(9f) Establish a request for assistance process to be managed by an identified person (e.g., advanced tier team lead) and educate all stakeholders on process (e.g., school staff, community partners, students).	Request for Assistance Guidance	
			Sample Request for Assistance Form	
		(9g) Develop community mental health facilitated referral pathway(s) to assist youth with behavioral health needs and their families access community-based supports and services when indicated.	Developing Facilitated Referral Pathways	
		(9h) Establish a protocol for selecting evidence-based practices (EBPs) for installation across all schools, including annual review of existing interventions.	Selecting High Leverage Practices	
			Selecting Practices Tool	
			NIRN Hexagon Discussion Analysis Tool	
	(10) Develop an evaluation plan	(10a) Develop an evaluation plan for collecting and analyzing data to enable data-based decision making at district and school levels; identify protocols for monitoring fidelity of MTSS-B framework and specific EBPs; identify student outcome measures and progress monitoring procedures.	Designing an Evaluation Plan	
Monitor Progress			Using Data Across Tiers	
		(10b) Establish district-level policies and practices for student data sharing/privacy and informed parent/guardian consent for supports and services.	MTSS-B Data Sharing and Consent Considerations	
	(11) Conduct ongoing monitoring and quality improvement	(11a) Monitor effectiveness of MTSS-B system by reviewing and using data to inform subsequent action planning and improve implementation, including assessment of MTSS-B fidelity, EBP intervention fidelity	NH-MTSS-B Fidelity Inventory (NH-MFI): District and Behavioral Health Integration Modules	
		assessment of MTSS-B fidelity, EBP intervention fidelity, and outcomes across schools. Revise and enhance district-level action plans as needed.	District MTSS-B Action Planning Tool (D-MAPT)	

## **School-Level Implementation**

Installation of MTSS-B systems and structures at the school level, guided by district-wide goals, including teaming across tiers, screening procedures, data-based decision-making protocols, implementation of evidence-based practices, ongoing coaching, performance feedback, and progress monitoring.

Focus	Task	Action	Tools
	(1) Establish school-based tiered teams	(1a) Inventory existing school team functions, roles, and membership to determine areas of redundancy or gaps.	School Teams Inventory
		(1b) Conduct a staff time study to identify and restructure roles, responsibilities and time allocation of staff delivering social emotional and behavioral interventions, including across tiers; identify coaching resources to train and support these shifts.	Time Study Template
		(1c) Establish a representative Tier 1 Team to systematically design, support, and monitor implementation of universal, schoolwide programs and supports.	
		(1d) Develop Tier 1 Team operating procedures, data- based decision-making routines, and quality improvement processes.	Forming School-Based MTSS-B Teams
200 000		(1e) Establish representative Advanced Tier Team(s) for the design and management of Tier 2/3 supports and services; determine need for one Advanced Tier Team vs. separate Tier 2 and Tier 3 teams.	
		(1f) Develop Advanced Tier Team operating procedures, data-based decision-making routines, and quality improvement processes.	Tiered Team Meeting Template
Mobilize People		(2a) Develop/expand fluency with MTSS-B core features and implementation drivers/science at the school level.	MTSS-B Overview
rcopic			MTSS-B Supporting Literature
		(2b) Develop knowledge and understanding of specific school-level MTSS-B routines/procedures.	MTSS-B Implementation Tasks
	(2) Develop MTSS-B knowledge base		Defining MTSS-B Roles and Responsibilities
			Role of the Community Mental Health Agency in MTSS-B
			Interconnecting School Mental Health and School-Wide PBIS
			Establishing MTSS-B Routines Overview
	(3) Formalize collaborations with partner agencies to support action plan	(3a) Develop and/or review and revise formal MOUs/service contracts with partner agencies to support MTSS-B implementation.	MTSS-B Community Mental Health Agency MOU Guidance

School-Level Implementation				
Focus	Task	Action	Tips	
		(4a) Review the data sources used to screen student	Universal Screening Overview	
		social-emotional-behavioral needs.	Using Data Across Tiers	
Use Data	(4) Assess current systems, data, and practices	(4b) Conduct an intervention inventory to assess alignment to MTSS-B core features; add, eliminate, or modify intervention portfolio accordingly. Align and integrate existing universal health education and prevention programming (e.g., bullying prevention) with MTSS-B topics and priorities such as mental health literacy, suicide, violence, and substance misuse	Initiative Alignment Inventory NH Substance Misuse Prevention Fidelity Tool MTSS-B and the Pyramid Model	
		prevention programming.		
	(5) Conduct MTSS-B fidelity assessment	(5a) Conduct baseline school-level MTSS-B fidelity assessment to determine degree to which MTSS-B structures and practices are currently in place.	NH-MTSS-B Fidelity Inventory (NH-MFI): Schoolwide/Tier 1 and Tier 2/3 Modules	
			School MTSS-B Action Planning Tool (S-MAPT)	
		(6a) Complete school-level action plan using NH-MFI results, guided by district priorities.	Tier 1 Implementation Checklist	
Make a	(6) Develop school-level action plan		Advanced Tier (2/3) Implementation Checklist	
Plan		(6b) Develop a school-level professional development plan; ensure all school teams can participate in district- level PD and develop a school-based training plan to increase number of staff with social-emotional expertise.	Professional Development and Coaching Guidance	
	(7) Develop and implement Tier 1 system and practices	(7a) Establish schoolwide positive behavior expectations and acknowledgement systems, as guided by the district plan, to serve as a consistent foundation for MTSS-B.	Developing a Schoolwide Behavior Expectation & Acknowledgment System	
			Sample Schoolwide Behavior Expectations	
			Sample Schoolwide Acknowledgment System	
Δ			Designing a Schoolwide Behavior Response Plan	
		(7b) Establish a schoolwide behavior response plan, as guided by the district plan, that is aligned with behavior expectations and focuses on restorative disciplinary policies and processes. Ensure consistency across staff.	Sample Minor vs. Major Behavior Matrix	
Implement Strategies			Restorative Approaches to Addressing Student Behaviors	
			Sample Behavior Response Flowchart	
		( a t	(7c) Implement a universal social-emotional learning (SEL) curriculum, as guided by the district plan, that aligns with schoolwide positive behavior expectations to aid both students and teachers in learning and applying SEL skills.	Selecting SEL Curriculum
		(7d) Align health education and prevention programs with MTSS-B.	Substance Misuse Prevention in MTSS-B	

School-Level Implementation				
Focus	Task	Action	Tools	
		(8a) Implement a universal screening process as defined by the district plan. If screening is school- specific, select a universal social-emotional screener based on scholarly evidence, cost/resources, fit with other initiatives, and readiness/capacity to implement. Establish routines and procedures for administering the screener and collecting, managing, analyzing & sharing data. Ensure a response plan including adequate	defined by the district plan. If screening is school- specific, select a universal social-emotional screener based on scholarly evidence, cost/resources, fit with other initiatives, and readiness/capacity to implement. Establish routines and procedures for administering the screener and collecting, managing, analyzing & sharing data. Ensure a response plan including adequateScreening for SE An ImplementationUniversal ScreenUniversal Screen	Best Practices in Universal Screening for SEB Outcomes: An Implementation Guide
				Universal Screening Overview
				Universal Screeners Review
		personnel and continuum of interventions in place to address needs.	Student-level Data Tracker	
Δ		(8b) Establish a request for assistance process as guided by the district plan, to be managed by an identified person (e.g., advanced tier team lead) and educate all stakeholders on process (e.g., school staff, community partners, students).	Request for Assistance Guidance	
	(8) Develop and implement Advanced Tier system and practices		Sample Request for Assistance Form	
Implement Strategies		(8c) Develop community mental health facilitated referral pathway(s) as guided by the district plan, to assist youth with behavioral health needs and their families access community-based supports and services when indicated.	Developing Facilitated Referral Pathways	
		(8d) Select and implement advanced tier evidence- based practices (EBPs)/interventions, guided by district priorities/menu; identify professional development/coaching support needs of providers.	Selecting High Leverage Practices	
			Selecting Practices Tool	
			NIRN Hexagon Discussion Analysis Tool	
			Check-In Check-Out Guidance	
Monitor Progress	(9) Develop an evaluation plan	(9a) Adapt the district evaluation plan to enable data-based decision making at the school level; identify protocols for monitoring fidelity of MTSS-B framework and specific EBPs; identify student outcome measures and progress monitoring procedures.	Designing an Evaluation Plan	

School-Level Implementation				
Focus	Task	Action	Tools	
		(10a) Monitor effectiveness of the MTSS-B system by reviewing and using data to inform subsequent action planning and improve implementation, including assessment of MTSS-B fidelity and outcomes. Revise school-level action plans as needed.	NH-MTSS-B Fidelity Inventory (NH-MFI): Schoolwide/Tier 1 and Tier 2/3 Modules, and Behavioral Health Integration Modules	
			School MTSS-B Action Planning Tool (S-MAPT)	
		(10b) Monitor fidelity of individual EBPs/interventions	Intervention Fidelity Guidance	
		on at least an annual basis; eliminate infeasible interventions and develop improvement plans to	Intervention Quality Tool	
	(10) Conduct ongoing monitoring and quality improvement	improve low fidelity interventions.	Intervention Fidelity Template	
		(10c) Monitor outcomes of individual EBPs/interventions at all tiers at the individual student and aggregate level to determine a) student-level outcomes/progress and b) overall evidence of impact of each intervention.	Using Data Across Tiers	
			Tier 1 Data Tracker	
Monitor			Office Discipline Referral Tracker	
Progress			Instructional & Administrative Time Gained/Lost Calculator	
			Sample Daily Progress Report	
			Individual Planning and Progress Monitoring Guidance	
			Individual Planning & Progress Monitoring Meeting Template	
			Advanced Tier Intervention Tracker	
		(10d) Measure school climate to monitor culture shifts at the school level.	Measuring School Climate	

Adapted from Eber, L., Barrett, S., Perales, K., Jeffrey-Pearsall, J., Pohlman, K., Putnam, R, Splett, J., & Weist, M.D.(2019). Advancing Education Effectiveness: Interconnecting School Mental Health and School-Wide PBIS, Volume 2: An Implementation Guide. Center for Positive Behavior Interventions and Supports (funded by the Office of Special Education Programs, U.S. Department of Education). Eugene, Oregon: University of Oregon Press.

