



# MTSS-B Key Messages for Districts & Schools

## What is MTSS-B?

NH's Multi-Tiered System of Supports for Behavioral Health and Wellness (MTSS-B) is a system-level framework of social, emotional, and behavioral supports to promote student wellness and improve engagement in learning. MTSS-B teams coordinate delivery of high-quality student behavioral health supports across tiers: universal supports for all, targeted supports for those at risk, and intensive supports for students with highest need.

## Why implement MTSS-B in our district or school?

When implemented well, MTSS-B sets all students up for success and improves school climate and teacher satisfaction.

**Student outcomes**

- Reduced disciplinary events
- Enhanced readiness for learning
- Improved attendance
- Improved academic achievement
- Reduced dropout
- Increased college attendance\*

**Teacher outcomes**

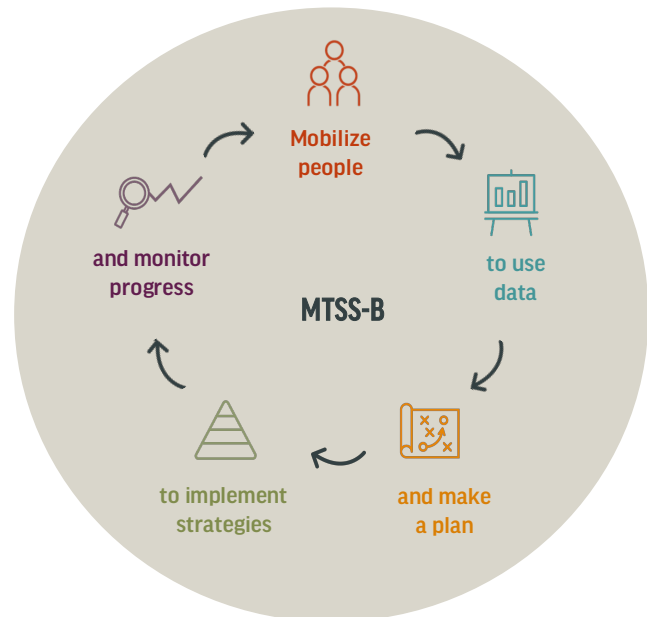
- Less time managing student behaviors
- Regained instructional and administrative time
- Lower levels of teacher stress
- Better student-staff relationships
- Improved school climate
- Increased job satisfaction\*

## How do we implement MTSS-B?

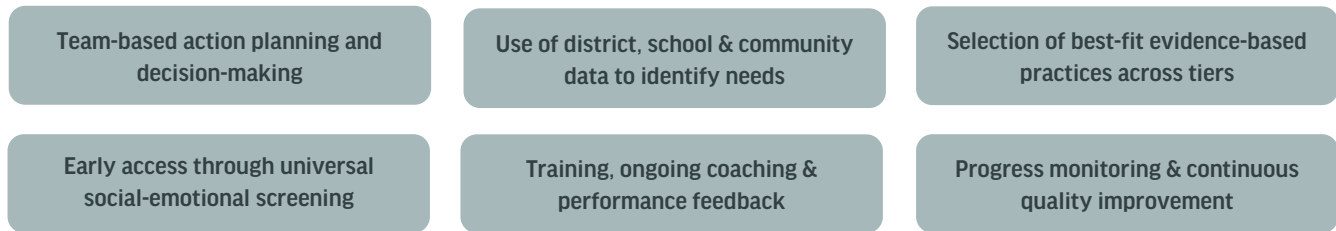
MTSS-B is a systematic process. Integrated school-community teams use behavioral health and risk/protective data for action planning.

Action plans drive data-based strategies for identifying student needs and matching students to appropriate supports. Interventions are evidence-based when possible and support students at every tier.

Teams use reach, fidelity, and outcome data to monitor progress at system and student levels and make adjustments as needed.

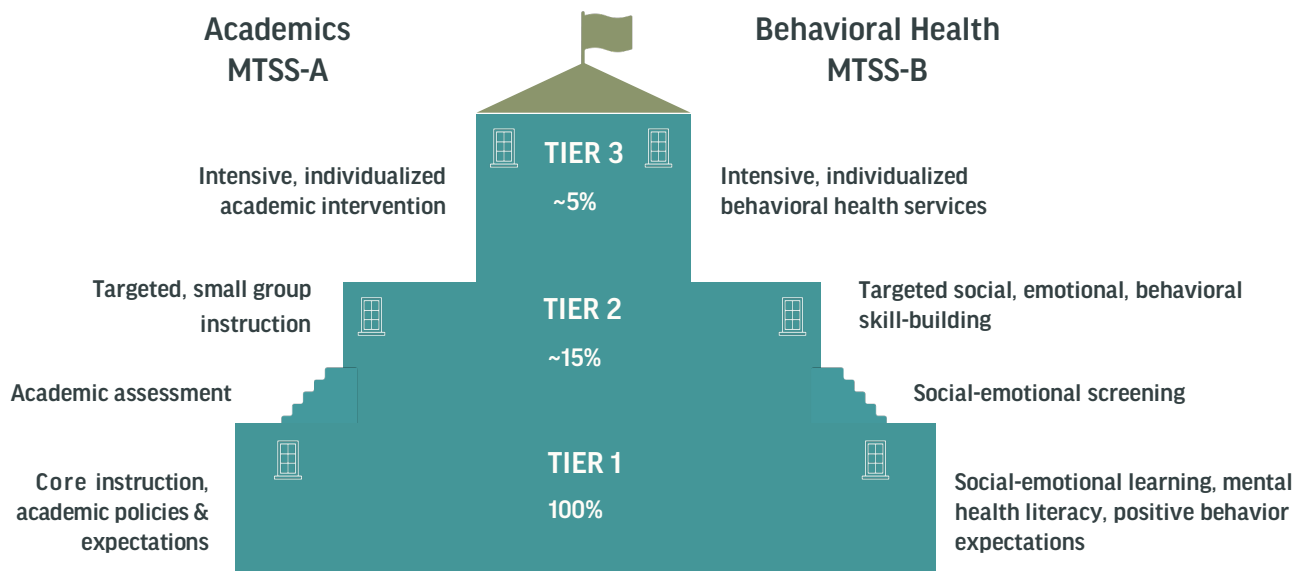


## MTSS-B Strategies



## How does MTSS-B fit with what we're already doing?

MTSS-B isn't about recreating the wheel. Schools are already offering behavioral health supports and many are using "MTSS-Academic" (MTSS-A) frameworks such as Response to Intervention (RTI) to meet student academic needs. MTSS-B brings social-emotional and behavioral health into the tiered prevention frameworks already in use.



## How can we get started?

Learn more about NH's MTSS-B Framework at [nhmtssb.org](http://nhmtssb.org) and visit the comprehensive [MTSS-B Toolkit](#).

Join the MTSS-B TA Center's Community of Practice by registering at: [nhmtssb.org/community-of-practice](http://nhmtssb.org/community-of-practice).

Contact an MTSS-B Consultant in the [NH Education Department's Office of Social and Emotional Wellness](#) to learn more about MTSS-B and request coaching services.

\*See [MTSS-B Supporting Literature](#) in the NH MTSS-B Toolkit for citations and additional research.